

**SAINT NICHOLAS GREEK ORTHODOX SHRINE CHURCH  
FLUSHING, NEW YORK**



*Sunday September 22, 2024*

*1st Sunday of Luke/A' Λουκᾶ*

*Protopresbyter Fr. Paul Palesty, Pastor · Economos Aristidis Garinis*

*Presbyter Alexandros Douvres*

**Ἀπολυτίκιον Ἀναστάσιμον. Ἦχος δ'.**

Τὸ φαῖδρον τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου  
μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν  
προγονικὴν ἀπόφασιν ἀπορῥίψασαι, τοῖς Ἀποστόλοις  
καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη  
Χριστὸς ὁ Θεός, δωροῦμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

**Τοῦ Ἁγ. Φωκᾶ. Ἦχος δ'.**

Καὶ τρόπων μέτοχος, καὶ θρόνων διάδοχος, τῶν  
Ἀποστόλων γενόμενος, τὴν πράξιν εὗρες Θεόπνευστε,  
εἰς θεωρίας ἐπίβασιν· διὰ τοῦτο τὸν λόγον τῆς  
ἀληθείας ὀρθοτομῶν, καὶ τῇ πίστει ἐνήθλησας μέχρις  
αἵματος, Ἱερομάρτυς Φωκᾶ, πρέσβευε Χριστῷ τῷ Θεῷ,  
σωθῆναι τὰς ψυχὰς ἡμῶν.

**Τοῦ Ναου. Ἦχος δ'.**

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας  
διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν  
πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει  
τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα  
Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς  
ψυχὰς ἡμῶν.

**Κοντάκιον. Ἦχος β'.**

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία,  
πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν  
δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν  
βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι·  
Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ  
προστατεῦσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

**Resurrectional Apolytikion. Tone 4.**

When the women disciples of the Lord heard the Angel  
joyously proclaim the resurrection, they cast aside the  
ancestral verdict, and boasting in glory they said to the  
Apostles, "Death has been despoiled! Christ God has  
risen, granting the great mercy to the world!"

**Fr. St. Phocas. Tone 4.**

Becoming a partner with the Apostles in way of life and  
successor to their thrones, O God-inspired Saint, in the  
active life you found an entrance to contemplation.  
Hence you rightly expounded the word of truth, and you  
shed your blood in struggling for the faith, O Hieromar-  
tyr Phocas. Intercede with Christ our God, beseeching  
Him to save our souls.

**Parish Hymn. Tone pl. 4.**

A rule of faith are you, and an icon of gentleness, and a  
teacher of self-control. And to your flock this was evi-  
dent, by the truth of your life and deeds. You were hum-  
ble and therefore you acquired exalted gifts, treasure in  
heaven for being poor. O Father and Hierarch St. Nicho-  
las, intercede with Christ our God, and entreat Him to  
save our souls.

**Kontakion. Tone 2.**

O Protection of Christians that never fails, intercession  
with the Creator that never fails, we sinners beg you, do  
not ignore the voices of our prayers. O good Lady, we  
implore you, quickly come unto our aid, when we cry out  
to you with faith. Hurry to intercession, and hasten to  
supplication, O Theotokos who protect now and ever  
those who honor you.

### Τὸ Ανάγνωσμα: Α΄ Κορ 16:13–24

Ἀδελφοί, γρηγορεῖτε, στήκετε ἐν τῇ πίστει, ἀνδρίζεσθε, κραταιοῦσθε. πάντα ὑμῶν ἐν ἀγάπῃ γινέσθω. Παρακαλῶ δὲ ὑμᾶς, ἀδελφοί· οἴδατε τὴν οἰκίαν Στεφανᾶ, ὅτι ἐστὶν ἀπαρχὴ τῆς Ἀχαΐας καὶ εἰς διακονίαν τοῖς ἁγίοις ἔταξαν ἑαυτοῦς· ἵνα καὶ ὑμεῖς ὑποτάσσησθε τοῖς τοιοῦτοις καὶ παντὶ τῷ συνεργῶντι καὶ κοπιῶντι. χαίρω δὲ ἐπὶ τῇ παρουσίᾳ Στεφανᾶ καὶ Φουρτουνάτου καὶ Ἀχαϊκοῦ, ὅτι τὸ ὑμῶν ὑστέρημα οὗτοι ἀνεπλήρωσαν· ἀνέπαυσαν γὰρ τὸ ἔμὸν πνεῦμα καὶ τὸ ὑμῶν. Ἐπιγινώσκετε οὖν τοὺς τοιοῦτους. Ἀσπάζονται ὑμᾶς αἱ ἐκκλησίαι τῆς Ἀσίας. ἀσπάζονται ὑμᾶς ἐν Κυρίῳ πολλὰ Ἀκύλας καὶ Πρίσκιλλα σὺν τῇ κατ’ οἶκον αὐτῶν ἐκκλησίᾳ. ἀσπάζονται ὑμᾶς οἱ ἀδελφοὶ πάντες. ἀσπάσασθε ἀλλήλους ἐν φιλήματι ἁγίῳ. Ὁ ἀσπασμὸς τῇ ἡμῇ χειρὶ Παύλου. εἴ τις οὐ φιλεῖ τὸν Κύριον Ἰησοῦν Χριστόν, ἦτω ἀνάθεμα. μαρὰν ἀθά. Ἡ χάρις τοῦ Κυρίου Ἰησοῦ Χριστοῦ μεθ’ ὑμῶν. ἡ ἀγάπη μου μετὰ πάντων ὑμῶν ἐν Χριστῷ Ἰησοῦ· ἀμήν.

### Epistle Lesson: 1 Cor. 16:13–24

Brethren, be watchful, stand firm in your faith, be courageous, be strong. Let all that you do be done in love. Now, brethren, you know that the household of Stephanas were the first converts in Achaia, and they have devoted themselves to the service of the saints; I urge you to be subject to such men and to every fellow worker and laborer. I rejoice at the coming of Stephanas and Fortunatus and Achaicus, because they have made up for your absence; for they refreshed my spirit as well as yours. Give recognition to such men. The churches of Asia send greetings. Aquila and Prisca, together with the church in their house, send you hearty greetings in the Lord. All the brethren send greetings. Greet one another with a holy kiss. I, Paul, write this greeting with my own hand. If any one has no love for the Lord, let him be anathema. Maranatha! The grace of the Lord Jesus be with you. My love be with you all in Christ Jesus. Amen.

### Εὐαγγέλιον: Λκ 5:1–11

Τῷ καιρῷ ἐκείνῳ, ἐστὼς ὁ Ἰησοῦς παρὰ τὴν λίμνην Γεννησαρέτ, εἶδε δύο πλοῖα ἐστῶτα παρὰ τὴν λίμνην· οἱ δὲ ἄλιεῖς ἀποβάντες ἀπ’ αὐτῶν ἀπέπλυναν τὰ δίκτυα. ἐμβὰς δὲ εἰς ἓν τῶν πλοίων, ὃ ἦν τοῦ Σίμωνος, ἠρώτησεν αὐτὸν ἀπὸ τῆς γῆς ἐπαναγαγεῖν ὀλίγον· καὶ καθίσας ἐδίδασκεν ἐκ τοῦ πλοίου τοὺς ὄχλους. ὡς δὲ ἐπαύσατο λαλῶν, εἶπε πρὸς τὸν Σίμωνα· ἐπανάγαγε εἰς τὸ βάθος καὶ χαλάσατε τὰ δίκτυα ὑμῶν εἰς ἄγραν. καὶ ἀποκριθεὶς ὁ Σίμων εἶπεν αὐτῷ· ἐπιστάτα, δι’ ὅλης τῆς νυκτὸς κοπιάσαντες οὐδὲν ἐλάβομεν· ἐπὶ δὲ τῷ ῥήματί σου χαλάσω τὸ δίκτυον. καὶ τοῦτο ποιήσαντες συνέκλεισαν πλῆθος ἰχθύων πολὺ· διερρήγγυτο δὲ τὸ δίκτυον αὐτῶν. καὶ κατένευσαν τοῖς μετόχοις τοῖς ἐν τῷ ἐτέρῳ πλοίῳ τοῦ ἐλθόντος συλλαβέσθαι αὐτοῖς· καὶ ἦλθον καὶ ἔπλησαν ἀμφοτέρω τὰ πλοῖα, ὥστε βυθίζεσθαι αὐτά. ἰδὼν δὲ Σίμων Πέτρος προσέπεσε τοῖς γόνασιν Ἰησοῦ λέγων· ἔξελθε ἀπ’ ἐμοῦ, ὅτι ἀνὴρ ἁμαρτωλός εἰμι, Κύριε· θάμβος γὰρ περιέσχεν αὐτὸν καὶ πάντας τοὺς σὺν αὐτῷ ἐπὶ τῇ ἄγρα τῶν ἰχθύων ἢ συνέλαβον, ὁμοίως δὲ καὶ Ἰάκωβον καὶ Ἰωάννην, υἱοὺς Ζεβεδαίου, οἱ ἦσαν κοινωνοὶ τῷ Σίμωνι. καὶ εἶπε πρὸς τὸν Σίμωνα ὁ Ἰησοῦς· μὴ φοβοῦ· ἀπὸ τοῦ νῦν ἀνθρώπους ἔσῃ ζωγρῶν. καὶ καταγαγόντες τὰ πλοῖα ἐπὶ τὴν γῆν, ἀφέντες ἅπαντα ἠκολούθησαν αὐτῷ.

### Gospel : Lk. 5:1–11

At that time, while Jesus was standing by the lake of Gennesaret, he saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon’s, he asked him to put out a little from the land. And he sat down and taught the people from the boat. And when he had ceased speaking, he said to Simon, “Put out into the deep and let down your nets for a catch.” And Simon answered, “Master, we toiled all night and took nothing! But at your word I will let down the nets.” And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus’ knees, saying, “Depart from me, for I am a sinful man, O Lord.” For he was astonished, and all who were with him, at the catch of fish which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, “Do not be afraid; henceforth you will be catching men.” And when they had brought their boats to land, they left everything and followed him.

Eortologion for the Week

Tuesday 09/24 St. Thekla first Woman Martyr

Orthros 7:30 am Divine Liturgy 8:30 am

Thursday 09/26

Falling Asleep of St. John the Apostle & Theologian

Orthros 7:30 am Divine Liturgy 8:30am

Πρόγραμμα της Εβδομάδας

Τρίτη 09/24 Αγ. Θέκλης

Ορθρος 7:30 π.μ Θεία Λειτουργία 8:30 π.μ.

Παρασκευή 09/26

Η Μετάσταση του Αγ. Ιωάννου του Θεολόγου

Ορθρος 7:30 π.μ Θεία Λειτουργία 8:30 π.μ.

MEMORIALS

Helen Arniotis

Peter Arniotis

Maria Black

Peter Black

Florentia Chrysanthou

Alexander Firingos

Konstatinos Kapetanakis

Paleologos Karakoutos

Aristidis Moraitis

Mike Pappas

Thomas Pappas



ΜΝΗΜΟΣΥΝΑ

Ελένης Αρνιώτη

Παναγιώτου Αρνιώτη

Μαρίας Μαυροκεφάλου

Πάρη Μαυροκεφάλου

Φλωρεντίας Χρυσάνθου

Αλεξάνδρου Φιρίγγου

Κωνσταντίνου Καπετανάκη

Παλαιολόγου Καρακούτου

Αριστείδου Μωραϊτή

Ζήσημου Πάππα

Θωμά Πάππα

SACRAMENTS

Baptisms

\*\*\*

Saturday September 21, 2024

Son of Steve & Hazel Louridas

11:00 am

\*\*\*

Saturday September 28, 2024

Daughter of Peter & Susana Kontaroudis

11:00 am

\*\*\*

Son of James & Nicole Rosa

12:30 am

\*\*\*

Daughter of Greg & Maria Racioppo

2:30 pm

\*\*\*

Son of Jim & Anastasia Angelopoulos

4:00 pm

\*\*\*

Wedding

\*\*\*

Sunday September 29, 2024

Elana Kalkanis & David Michael Schroeder

2:00 pm

*You are all invited to our  
fellowship coffee hour after the*

*Divine Liturgy*

*Sponsored by the*

*Arniotis Family*

Dear Parishioners,  
We would ask that you please REMAIN in your  
individual pew for  
Holy Communion and dismissal, until called upon  
by our ushers.

Thank you for your understanding and  
cooperation.

\*\*\*\*\*

Αγαπητοί ενορίτες,

Σας παρακαλούμε να παραμείνετε στα στασίδια σας  
για τη Θεία Κοινωνία  
και την απόλυση μέχρι να σας καλέσουν  
οι κλητήρες μας.

Σας ευχαριστούμε για την κατανόηση  
και συνεργασία σας.

*Winter schedule will resume with two Liturgies on Sunday September 29th  
Church School Classes begin Sunday, September 29th*

*You can register your children for Church School today after the  
Divine Liturgy*

*Please register your child to the  
Saint Nicholas Stephen & Arete Cherpelis  
Hellenic School Registration 2024-2025*

*Grades 6, 7, and 8 will continue to meet on Friday 4:15pm to 6:15pm  
Grades Pre-K through 5th Grade will meet on Saturday mornings from  
10:00am to 1:00pm*

*Agia Skepi Widower Group is meeting Thursday September 26 ,*

### **SAVE THE DATE**

**Parish Council save the date**

**Bouzouki Night**

**Saturday November 9, 2024**

**7:00 pm -12:00 pm**

**Michelis Cultural Educational Center**

**More information to follow**

### **BYZANTINE MUSIC LESSONS WILL BEGIN**

**Friday September 27, 2024 7:00 pm  
if you are interested in participating  
please call the church office.**

**718 357-4200**

**Donation \$100**

### **SAVE THE DATE**

**St. Nicholas Ladies Philoptochos Society**

**Welcome Back  
Fall Membership Meeting  
MEET & GREET**

**October 10, 2024 7pm**

Join us for an informative evening on what is happening with YOUR Philoptochos, while sharing drinks and appetizers with your fellow sisters. You will be able to renew your membership or join us for the first time! New members encouraged.

Unsure if you have paid your membership? Please call or text Vasilika Vlamis, membership chair 316-531-5887

**Sarantakos Hall  
St. Nicholas Greek Orthodox Shrine Church  
196-10 Northern Blvd., Flushing, NY 11358**



# St. Nicholas Ladies Philoptochos Society

## Join/Renew your Membership

**PHILOTOCHOS IS YOU!**

### How to renew/join

Paying by check?

Payable to:

St. Nicholas Ladies Philoptochos

Mailed to:

St. Nicholas Greek Orthodox Church

Attn: Philoptochos

196-10 Northern Boulevard,

Flushing, NY 11358



Scan to pay  
your membership

Unsure if you have paid your membership  
Please call or text Vasiliki Vlantis,  
membership chair 516-851-5887

### Who can join?

Greek Orthodox women,  
18 and older are eligible.

Non-Greek Orthodox women,  
married to a Greek Orthodox  
shall be eligible for Associate  
membership in the organization.  
Orthodox men may be supporting  
members without the right to vote.

### We need you!

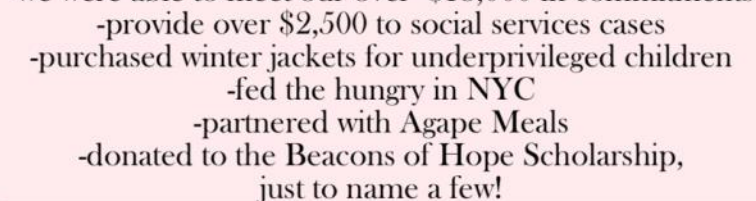
Philoptochos means “friend of the poor”.

We need you, your ideas, talents,  
and support to accomplish our mission.

As a member, you will have  
the opportunity to express yourself  
in the area of your choosing  
and participate in any way  
that suits you.

### Our philanthropic endeavors...

With your help, in 2023-24

- we were able to meet our over \$13,000 in commitments
  - provide over \$2,500 to social services cases
  - purchased winter jackets for underprivileged children
  - fed the hungry in NYC
  - partnered with Agape Meals
  - donated to the Beacons of Hope Scholarship,  
just to name a few!
- 

he Holy Martyr Phocas, Bishop of Sinope  
Phocas was a bishop of his home city, Sinope, on the shores of the  
Black Sea. He was martyred under Emperor Trajan (98-117).

## Mature in Christ

To be mature is not enough for us Christians. The word of God calls on us to be mature in Christ.

What does maturity in Christ mean? Negatively it means: putting away childish things,  
childish traits, and childish qualities of mind.

As St. Paul said in the 13th chapter of First Corinthians,

"When I was a child, I spoke as a child, I understood as a child, I thought as a child:  
but when I became a man, I put away childish things."

There are many traits that are charming in a child but disastrous in an adult.

One trait of a child, essential to his survival in the earliest days, is self-centeredness.

It is a sort of mental blindness to the rest of the world. He doesn't see or care for other people.

All he thinks of is himself. Another childish trait is that of knowing only one time: today.

There's no tomorrow as far as the child is concerned.

He wants what he wants and he wants it now.

A childish trait which has brought gray hairs to parents is the insistence  
on having one's own way. People who are adult infants live in a perpetual nursery,  
where they want others to respond instantly to their infantile cries.

A childish trait is that of resorting to unreasonable flights of anger.

It is not that one should not be angry,

but that he is angry at the wrong time and

under the wrong circumstances. He is angry because his little world is  
disturbed, his ego touched, his false pride ruffled.

Another childish trait is scapegoating,  
that is, blaming others instead of ourselves. Like the little child we say,

"Who me? I didn't do it. Johnny did it.

" Rather than accept responsibility for our failure, we place it on someone  
else. Rather than admit our sin and confess it, we hide it even though the  
price we pay is to be plagued by feelings of guilt and unworthiness.

When St. Paul learned that divisions had sprung up in the Corinthian  
church causing dissension, envy and jealousy, he wrote to them his first  
epistle in which he said that he could not address them as mature Christians.

"You are babes in Christ," he said. "You haven't been developing into  
Christian maturity. Consequently I have fed you with milk, not solid food  
1 because you are not ready for stronger food. While there exist among you  
envying, strife and divisions, are you not immature?"



**Greek Orthodox Archdiocesan District**  
**Office of the Chancellor**

Under the leadership of His Eminence Archbishop Elpidophoros of America, the Greek Orthodox Archdiocese of America announces the launch of the Greek Fire Relief Fund to aid the communities in the Attica region affected by

the devastating fires that took place earlier this month. The Greek Orthodox Ladies Philoptochos Society will be partnering in this effort as well and has committed a contribution of \$50,000 towards this effort.

To commence, a delegation consisting of His Grace Bishop Athenagoras of Nazianzos, Chief Secretary of the Holy Eparchial Synod; Elaine Allen, Treasurer of the Archdiocese; and Philoptochos First Vice President Anita Kartalopoulos will visit affected areas from Monday, August 26-Thursday, August 29, 2024. Allen and Kartalopoulos were also members of a delegation which visited Evia, an island severely impacted by 2021 wildfires, inspected the devastation, met with impacted individuals, and assessed unmet needs.

In response to the 2021 Evia fires, the Greek Orthodox Archdiocese of America in conjunction with the Greek Orthodox Ladies Philoptochos Society launched a nationwide fundraising campaign that provided immediate and extended support to the fire-affected population on Evia.

The present delegation will meet with His Beatitude the Archbishop of Athens Ieronymos to understand the impact on the region under his jurisdiction, perform a needs assessment, identify gaps in funding, and develop an assistance plan. They will also view firsthand the Monastery of Panagia Axion Esti, which was engulfed by fire; this monastery is a place of historic importance to the Archdiocese of Athens, housing valuable ecclesiastical relics. Following the precedent set by previous wildfire response efforts, the Archdiocese will minimize administrative costs in order that funds raised will directly benefit the region affected by the fires.

In announcing the Fund, Archbishop Elpidophoros stated, “We once again call upon our faithful, our parishes, and our institutions, to help ease to suffering of our brothers and sisters in Greece. As we wait for a full assessment of the needs in Greece, our Archdiocese will fund the restoration of the Monastery of Panagia Axion Esti in Varnava Attica ensuring that this historic and beloved Monastery of the Archdiocese of Athens will continue to serve the community for many years.”

During their time in Greece, the delegation will also visit northern Evia to visit the health centers in Mantoudi and Istiaia, where the 2021 fundraising campaign purchased medical equipment and two ambulances. The delegation will also view the Agios Nicolaos Galataki Monastery water restoration project financed by the previous campaign. The 2021 fundraising campaign raised more than \$1.1 million, which has been distributed to affected individuals, businesses, healthcare providers, and the Agios Nicolaos Galataki Monastery.

To make a donation to the Greek Fire Relief Fund, please visit the link below.

**DONATE HERE**

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Conveying to you and your parishioners the blessing and love of His

Eminence, our beloved Archbishop, I remain,

At your service in the Lord,

Fr. Elias

Chancellor Archdiocesan District

Archdiocesan District Website: [www.ny.goarch.org](http://www.ny.goarch.org)





**St. Nicholas Greek Orthodox  
Shrine Church of Flushing, NY**

**70th Anniversary  
AGAPE GALA**

*Save The Date*

**SATURDAY, JANUARY 25, 2025  
7:00 pm**

Leonard's Palazzo of Great Neck, New York

